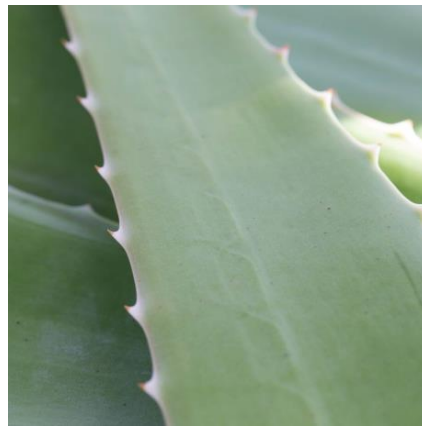


SANTAVERDE

TREATMENTS



Treatment instructions

About Santaverde and our treatments

The secret of Santaverde: Pure aloe vera juice uniquely rich in active ingredients from our own certified organic cultivation in Andalusia. We use the pure juice, instead of the usual main ingredient water, complemented by precious plant oils and extracts, to create a unique effect for the health and beauty of your skin.

The Santaverde treatments combine the extraordinary effect of our aloe vera with natural luxury, deep relaxation and pampering treatments consisting of gentle cleansing, massages, peelings, fresh masks and care packages.

Our highest goal is to take care of the spa client and his or her individual wishes with the utmost attention.

The care goal of Santaverde cosmetics is to return the skin to its natural balance and to strengthen it to compensate for the changing stresses in all phases of life. All Santaverde cosmetic products are NATRUE certified according to the strictest international standards for genuine natural cosmetics, free of synthetic fragrances, dyes and preservatives. , They also bear the Leaping Bunny animal welfare seal and are certified according to the guidelines of the Vegan Society

Santaverde treatments Face

All Santaverde face and body treatments are suitable for all skin types, including very sensitive skin. Your beautician or therapist will select the appropriate intensities of the products and care steps to be used for you.

ALOE FRESH-UP

Vitalising facial treatment. Provides an immediate moisture boost, reduces redness and leaves your skin revitalised and invigorated. Special feature: Santaverde Aloe Vera fresh leaf application with the pure leaf gel of aloe vera.

30 minutes

ALOE MOISTURE & REPAIR

Intensively regenerating, moisturising facial treatment. Provides the skin with nutrients, stimulates cell regeneration, repairs stressed and damaged skin. Gives a perfectly cared for and relaxed skin appearance. Special features: Moisture & Repair Mask, Santaverde Aloe Vera Fresh Leaf Application with the pure leaf gel of aloe vera.

45 minutes

PURE CLEAR & REFINE

Soothing, clarifying facial treatment against impure skin. Has an antibacterial and anti-inflammatory effect, refines the pores and regulates sebum production. Leaves skin looking clear and balanced. Special features: Gentle cleansing, Santaverde Aloe Vera fresh leaf application with the pure leaf gel of aloe vera.

60 minutes

BEAUTY BOOSTER LIFT & PROTECT

Luxurious, elasticity-promoting and gently smoothing facial treatment. Provides an immediate "lift-up", stimulates collagen synthesis and gives an even skin texture. Special features: Relaxing beauty oil massage, Santaverde Aloe Vera fresh leaf application with pure aloe vera leaf gel, stimulating enzyme mask Lift & Peel with fresh pineapple.

60 minutes

Santaverde treatments Body

All Santaverde face and body treatments are suitable for all skin types, including very sensitive skin. Your beautician or therapist will select the appropriate intensities of products and care steps for you.

FULL BODY MASSAGE

Individual full body massage. Gently releases even deep tensions in muscles and tissues, stimulates blood circulation and lymph flow and leaves your body feeling wonderfully light and relaxed. You determine the intensity of the massage together with your therapist. Special feature: Santaverde massage oil, if desired pure or with pure essential oils of your choice.

60 minutes

90 minutes

BACK TO RELAX

Harmonising back massage. Loosens tense muscles, is deeply soothing and balances out the one-sided stresses of our everyday lives. You discuss the intensity individually with your therapist. Special feature: Santaverde massage oil and aloe vera fresh leaf application with the pure leaf gel of aloe vera.

30 minutes

45 minutes

HAPPY LEGS

Relieving leg massage. Stimulates the cell metabolism and strengthens the connective and fascia tissue, has a decongestive and refreshing effect. Special feature: Massage with Santaverde massage oil and the firming body firming gel.

30 minutes

DEEP CLEANSING SCRUB

Invigorating exfoliating massage with sea salt or raw sugar and Santaverde massage oil. Gently removes dead skin cells, stimulates the microcirculation of the upper tissue layers and leaves the skin wonderfully smooth and silky soft. Special feature: Freshly made peeling with sea salt or raw sugar, supplemented with pure essential oils of your choice or pure.

Partial body peeling: 15 minutes

Full body peeling: 30 minutes

Santaverde Treatment Special

AFTER SUN RESCUE

Our pure aloe vera gel, peeled from fresh aloe leaves, cools with long-lasting moisture, soothes redness and helps the skin to regenerate. As a wafer-thin pack on sun-stressed skin areas, it is an incredible boon. Special feature: After the treatment, your therapist will give you a piece of fresh aloe vera leaf fillet for individual aftercare.

15 minutes

Santaverde treatment package

All Santaverde face and body treatments are suitable for all skin types, including very sensitive skin. Your beautician or therapist will select the appropriate intensities of the products and care steps to be used for you.

Allow yourself two hours of pampering time with deep, holistic relaxation and regeneration for face and body, leaving a feeling of lightness and freshness.

ALL-OVER BODY RELAX

Luxurious, relaxing pampering treatment for face and body. First, a cleansing body scrub gently frees your skin of dead skin cells and stimulates microcirculation in the deeper layers of the skin. This is followed by a relaxing body massage that gently releases even deep tensions in muscles and tissue. The final, intensely moisturising facial treatment with fresh aloe vera and pampering care products provides the skin with nutrients, stimulates cell regeneration and balances out signs of stress and fatigue.

120 minutes

Room setting

- The room should be arranged in such a way that a feel-good atmosphere is created for the customer.
- Decorative items should be used sparingly and in muted colours.
- Apart from the products and equipment necessary for the treatment, all materials should be stored in closed cabinets so that they are not visible to the client.
- Use quiet, relaxing music, ask the client if they would like to leave it on during the treatment or not.

The following items should always be in stock in the cabin:

- All products as cabin goods and as sales goods
- Frozen pineapple
- Fresh leaves (not cut)
- Linen (towels, sheets, compresses) in sufficient quantity
- Disposable linen (disposable briefs and hairnet) in sufficient quantity
- Cleaned equipment (bowls, mask brushes, whisks, spoons, knives)

Preparing the products and making them available on the tray

- Put all the products you need for the booked application on a tray in a clearly visible and appealing way.
- Prepare the required fresh products and place them on the tray as well.
- Always place an uncut aloe vera fresh leaf with the tray.



Dressing the treatment chair (before each treatment):

- Set up the chair according to the booked treatment.
- Cover the chair with a hygienic pad and a white cloth.
- For body treatments, place a large, opened bath towel on the chair.
- For facial treatments, place two rolled-up towels on the chair.
- Place the prepared tray or alternatively a fresh leaf on the chair.



Preparations & Follow-up

In the morning at the beginning of the shift:

- Look at the bookings and check that all products and materials needed for the day are sufficiently present and clean.
- Fill the hot cabinet and turn it on.
- Prepare cold packs and place them in the refrigerator.
- If necessary, prepare a new fresh leaf or thaw frozen leaf fillets.
- Defrost the required number of frozen pineapples + 2-3 reserve portions in the refrigerator.
- Get fresh linen (towels, sheets, compresses) if necessary.
- Check that sufficient disposable linen is available (disposable briefs and hairnet).
- Check that equipment (bowls, mask brushes, whisks, spoons, knives) is clean and available.

Schedule the treatments so that you have an additional 15 minutes for preparation and follow-up for each treatment.

In the course of the day before each treatment depending on the treatment booked.

- Put out the brief instructions for the next treatment
- Put all the products you need for the booked treatment on a tray in a clearly visible and attractive way.
- Prepare the fresh products you need and place them on the tray as well.
- Always place an uncut aloe vera fresh leaf with the tray (see photo).
- Pick out the necessary equipment and disposable linen and place them on the tray.
- Set up the chair according to the treatment and cover it according to the instructions.
- Check if there are enough cold/warm compresses left and refill if necessary.
- Scent the room by spraying 4-5 pumps of age protect toner into the room.

During the day after each treatment

- Air the room thoroughly.
- Dispose of dirty laundry and prepare fresh laundry.
- Clean the used equipment and put it away or prepare it for the next treatment.

In the evening at the end of the shift

- Make sure that the room and the storage cupboards are filled and set up according to instructions.
- Check that there is enough frozen pineapple left to make the enzyme mask. Re-prepare if necessary.
- Empty the hot cabinet and turn it off. Remove any remaining cold packs from the refrigerator.



Welcome und Bye Bye

Welcome

- Welcome the client in the reception area.
- Accompany the client to the treatment room and explain where to put the jacket and bag.
- At the beginning, you have a conversation with your client. Inquire about the client's condition, explain the course of treatment and ask about allergies, special requests and possible contraindications for the body treatments.
- Ask whether the guest wants music or not.
- Remove the tray and linen from the couch.
- FACE treatments: Hand the towel to the client, ask them to uncover their upper body and take a seat on the couch.
- BODY treatments: Ask for the guest's preferences regarding the oil to be used, the scent mixture and the peeling ingredient. For massages, ask for the desired intensity. Open the large sheet. Hand the guest the shower towel and a pair of disposable briefs. Show him where he can take off his clothes and ask him to take them off and lie down in a supine position under the opened sheet on the chair. Leave the room.

Bye Bye

- After the treatment, let your client rest for a short time (max. 5 minutes). Then ask your client to get dressed again.
- Provide suitable care products for the guest on the counter.
- A conversation with a short feedback concludes the treatment. Present three products that are particularly suitable for the client. Many customers would like to take something away from the treatment or the range of products and react gratefully and with approval to your competent recommendation. No one knows the customer's skin better than you at this moment.
- If available, give the customer samples of the chosen products and, if the customer wishes, also the Santaverde image brochure.

Treatment instructions

Face

- ALOE FRESH-UP
- ALOE MOISTURE & REPAIR
- PURE CLEAR & REFINE
- BEAUTY BOOSTER LIFT & PROTECT

Body

- FULL BODY MASSAGE
- BACK TO RELAX
- HAPPY LEGS
- DEEP CLEANSING SCRUB

Body Special

- AFTER SUN RESCUE

Package

- ALL-OVER BODY RELAX

ALOE FRESH-UP

Treatment time: 30 minutes

Care steps and products to be used:

1. Select all optional products according to your client's skin needs.
2. Cleansing (cleansing gel or cleansing emulsion)
3. Toning (toner classic or toner sensitive)
4. Aloe Vera fresh leaf application Face (see instructions) - approx. 15 minutes
5. Final treatment (hydro repair gel (with or without fragrance) and cream light/medium/rich (with or without fragrance) and/or extra rich beauty elixir)

Special features:

Santaverde Aloe Vera fresh leaf application with the pure leaf gel of aloe vera from Santaverde's own fields in Andalusia.

Effects:

- provides an immediate moisture boost
- has a vitalising effect
- reduces irritations and redness (e.g., as an after-sun treatment)
- Leaves the skin revitalised and invigorated

Preparations:

- Room setting according to instructions
- Prepare 1-2 slices of aloe vera fresh leaf according to instructions
- Prepare products (see above), compress, fresh leaf, cotton pad on tray according to instructions.



ALOE FRESH-UP

SANTAVERDE T R E A T M E N T S



step 1: cleaning

products:

cleansing gel or cleansing emulsion

application:

Briefly cover your client's face with a damp compress and then spread the cleanser over the face, neck and décolleté. Remove everything with the damp compress. To remove eye make-up, apply the cleansing emulsion to the lash line without applying pressure. Remove the eye make-up with a moistened cotton pad.

Recommendation for your customers:

Santaverde cleansers can also be used as shaving products.



step 2: toning

products:

toner classic or toner sensitive

application:

Generously distribute five to six sprays over the face, neck and décolleté. Santaverde toners hydrate the skin with nutrient-rich moisture and thus intensify the effect of the subsequent care.

Recommendation for your customers:

The fine spray of the toner also refreshes in between (even over make-up), e.g. on the plane, in dry air-conditioned air or in the office.



step 3: Aloe vera fresh leaf application Face

product:

Aloe vera fresh leaf (portioned, see instruction)

application:

Hold a piece of the prepared fresh leaf by the peel. Sweep the fresh gel over the face, neck and décolleté until the gel coats all areas. Then start the fresh leaf application Face (see instructions).

Recommendation for your customers:

For the pure aloe experience at home, recommend the pure aloe vera gel to your customers. Also ideal after too much sun, for insect bites and stressed skin.



step 4: final care

products:

hydro repair gel (with or without fragrance) and cream light/medium/rich (with or without fragrance) and/or extra rich beauty elixir

application:

Start with the hydro repair gel and apply it like a serum in a very thin layer to the eye area, face, neck and décolleté. Choose the appropriate cream depending on your client's skin needs. For very demanding and dry skin, add 2-3 drops of extra rich beauty elixir to the chosen cream.

recommendation for your customers:

All Santaverde care products can be combined and mixed with each other to create the right, individual care for every skin need every day.

ALOE MOISTURE & REPAIR

Treatment time: 45 minutes

Care steps and products to be used:

1. Select all optional products according to your client's skin needs.
2. Cleansing (cleansing gel or cleansing emulsion)
3. Toning (toner classic or toner sensitive)
4. Aloe Vera fresh leaf application Face (see instructions) - approx. 15 minutes
5. Moisture & Repair mask (face: age protect ampoule and hydro repair gel (with or without fragrance), eyes: toner sensitive) - 10-15 minutes
6. Final care (eye cream, cream light/medium/rich (with or without fragrance) and/or extra rich beauty elixir).

Special features:

- Santaverde Aloe Vera fresh leaf application with pure aloe vera leaf gel from Santaverde's own fields in Andalusia.
- Regenerating Moisture & Repair Mask with the hydro repair gel and the age protect ampoule as well as the toner sensitive for the eyes.

Effects:

- Supplies the skin with nutrient-rich moisture
- intensively stimulates cell regeneration
- repairs stressed and damaged skin
- gives the skin a perfectly cared for and relaxed appearance

Preparations:

- Room setting according to instructions
- Prepare 1-2 slices of aloe vera fresh leaf according to instructions
- Prepare products (see above), 2 compresses, fresh leaf, cotton pads on tray according to instructions.



ALOE MOISTURE & REPAIR

SANTAVERDE T R E A T M E N T S



step 1: cleaning

products:

cleansing gel or cleansing emulsion

application:

Briefly cover your client's face with a damp compress and then spread the cleanser over the face, neck and décolleté. Remove everything with the damp compress. To remove eye make-up, apply the cleansing emulsion to the lash line without applying pressure. Remove the eye make-up with a moistened cotton pad.

Recommendation for your customers:

Santaverde cleansers can also be used as shaving products.



step 2: toning

products:

toner classic or toner sensitive

application:

Generously distribute five to six sprays over the face, neck and décolleté. Santaverde toners hydrate the skin with nutrient-rich moisture and thus intensify the effect of the subsequent care.

Recommendation for your customers:

The fine spray of the toner also refreshes in between (even over make-up), e.g. on the plane, in dry air-conditioned air or in the office.



step 3: Aloe vera fresh leaf application Face

product:

Aloe vera fresh leaf (portioned, see instruction)

application:

Hold a piece of the prepared fresh leaf by the peel. Sweep the fresh gel over the face, neck and décolleté until the gel coats all areas. Then start the fresh leaf application Face (see instructions).

Recommendation for your customers:

For the pure aloe experience at home, recommend the pure aloe vera gel to your customers. Also ideal after too much sun, for insect bites and stressed skin.

step 4: moisture & repair mask

products:

Face: age protect ampoule and hydro repair gel (with or without fragrance),
Eyes: toner sensitive.

application:

First massage the contents of an age protect ampoule with a little pressure in circular movements from the chin upwards to the forehead. Apply hydro repair gel generously to the still damp skin, avoiding the eye area. Moisten 2 cotton pads with the toner sensitive and apply them as an eye compress. Leave the mask on for 5 to 10 minutes and remove any excess with a damp compress.

recommendation for your clients:

The light hydro repair gel, applied before the cream, acts as an ideal moisture booster. In combination with the age protect ampoule, you achieve an intensive repair effect.



step 5: final care

products: eye cream, cream light/medium/rich (with or without fragrance) and/or extra rich beauty elixir.

application:

Apply eye cream to the area around the eyes with your fingertips. Spread the eye cream with gentle pressure from the inner eyelid outwards. Choose the appropriate cream according to your client's skin needs. For very demanding and dry skin, add 2-3 drops of extra rich beauty elixir to the chosen cream.

Recommendation for your customers:

All Santaverde care products can be combined and mixed with each other to create the right, individual daily care for every skin need.



PURE CLEAR & REFINE

Treatment time: 60 minutes

Care steps and products to be used:

1. Cleansing (pure purifying cleanser and cleansing emulsion (optional for eye make-up)).
2. Cleansing - 15 - 20 minutes
3. Toning (pure clarifying toner)
4. Aloe vera fresh leaf application Face (see instructions) - approx. 15 minutes
5. Final care (pure refining serum and pure mattifying fluid)

Special features:

Santaverde Aloe Vera Fresh Leaf Application with the pure leaf gel of aloe vera from Santaverde's own fields in Andalusia.

Effects:

- clarifies and soothes blemished skin
- has an antibacterial and anti-inflammatory effect
- refines the pores
- regulates sebum production
- Leaves skin clear and balanced

Preparations:

- Room setting according to instructions
- Prepare 1-2 slices of fresh aloe vera leaf according to instructions.
- Prepare products (see above), 2 compresses, fresh leaf, cotton pads on tray according to instructions.



PURE CLEAR & REFINE

SANTAVERDE T R E A T M E N T S



step 1: cleaning

products: pure purifying cleanser and cleansing emulsion (optional for eye make-up).

application:

Briefly cover your client's face with a damp compress and then apply pure purifying cleanser to the face, neck and décolleté. Remove everything with the damp compress. To remove eye make-up, apply the cleansing emulsion to the lash line without applying pressure. Remove the eye make-up with a moistened cotton pad.

recommendation for your customers:

Santaverde cleansing products can also be used as shaving products.



step 2: toning

product: pure clarifying toner

application:

Generously distribute five to six sprays over the face, neck and décolleté. Santaverde toners hydrate the skin with nutrient-rich moisture and thus intensify the effect of the subsequent care.

recommendation for your customers:

The pure clarifying toner has a disinfecting and clarifying effect due to the aloe vera juice it contains as well as the antibacterial active ingredients from pansies, salicylic acid and thyme, without drying out the skin.

step 3: purification

application:

Cover your client's face with a damp compress and leave it on for a short time. Then start the purification process.



step 4: Aloe vera fresh leaf application Face

product:

Aloe vera fresh leaf (portioned, see instruction)

application:

Hold a piece of the prepared fresh leaf by the peel. Sweep the fresh gel over the face, neck and décolleté until the gel coats all areas. Then start the fresh leaf application Face (see instructions).

recommendation for your customers:

For the pure aloe experience at home, recommend the pure aloe vera gel to your customers. Also ideal after too much sun, for insect bites and stressed skin.

Step 5: final care

products:

pure refining serum and pure mattifying fluid

application:

Start with the pure refining serum and apply it very thinly to the face, neck and décolleté. Then apply the pure mattifying fluid.

recommendation for your customers:

Santaverde pure products are ideal for impurities as well as for all skin problems associated with redness or inflammation - without drying out or irritating the skin. The complexion-refining serum and the mattifying fluid can be used solo or in combination, depending on the skin's needs.



BEAUTY BOOSTER LIFT & PROTECT

Treatment time: 60 minutes

Care steps and products used:

1. Cleansing (XINGU cleansing balm)
2. Toning (age protect toner)
3. Facial massage (age protect oil) - approx. 10 minutes
4. Aloe vera fresh leaf application Face (see instructions) - approx. 15 minutes
5. Enzyme mask Lift & Peel (pineapple puree, XINGU age perfect serum - see instructions), mask brush - approx. 10 minutes
6. Eye mask (XINGU eye serum and XINGU eye cream)
7. Active ingredient intensive care (age protect ampoule and age protect serum)
8. Final care (XINGU age perfect cream)

Special features:

- Relaxing facial massage with the elasticity-promoting age protect oil.
- Santaverde Aloe Vera fresh leaf application with pure aloe vera leaf gel from Santaverde's own fields in Andalusia.
- Stimulating enzyme mask Lift & Peel with pineapple and XINGU age perfect serum.

Effects:

- supplies the skin with powerful antioxidants and protects it from negative environmental influences
- provides an immediate "lift-up" and firms the skin structure
- stimulates collagen synthesis and promotes elasticity
- relaxes expression lines
- counteracts pigmentation disorders and thus gives the skin a radiant, even complexion

Preparations:

- Room setting according to instructions
- 2-3 hours before treatment, defrost 2 ice cubes of frozen pineapple puree and place in bowl.
- Prepare 1-2 slices of Aloe Vera fresh leaf according to instructions
- Prepare products (see above), 2 compresses, fresh leaf, pineapple puree, whisk, mask brush, cotton pads on tray according to instructions.





step 1: cleaning

product:

XINGU age perfect cleansing balm

application:

Briefly cover your client's face with a damp compress and then spread the cleansing balm over the face, neck and décolleté. Remove everything with the damp compress. To remove eye make-up, apply the cleanser to the lash line without applying pressure. Remove the eye make-up with a moistened cotton pad.

recommendation for your customers:

The XINGU age perfect cleansing balm is also an extra gentle shaving balm for demanding men's skin.



step 2: toning

product:

age protect toner

application:

Generously distribute five to six sprays over the face, neck and décolleté. Santaverde toners wet the skin with nutrient-rich moisture and thus intensify the effect of the subsequent care.

recommendation for your customers:

The antioxidant age protect toner can also be used as a moisturiser with cell protection in between (also over make-up), e.g. on the plane, in dry air-conditioned air or in the office.



step 3: facial massage

product:

age protect oil

application:

Put 3-5 drops of oil in your palms and perform a classic facial massage.

recommendation for your clients:

The strengthening and elasticity-promoting age protect oil is also ideal for enriching any cream. For very dry skin, the oil can also be used as a solo care and is an excellent protection against cold.



step 4: Aloe vera fresh leaf application Face

product:

Aloe vera fresh leaf (portioned, see instruction)

application:

Hold a piece of the prepared fresh leaf by the peel. Sweep the fresh gel over the face, neck and décolleté until the gel coats all areas. Then start the fresh leaf application Face (see instructions).

recommendation for your customers:

For the pure aloe experience at home, recommend the pure aloe vera gel to your customers. Also ideal after too much sun, for insect bites and stressed skin.



step 5: enzyme mask lift & peel

product:

Lift & Peel enzyme mask (see instructions for preparation), mask brush.

application:

Prepare the mask according to the instructions in front of the client. Apply the mask generously with a mask brush. Leave out the eye area and treat it in parallel with the eye mask (see step 6). Leave the active ingredients to work for about 10 minutes. Then remove the mask with a moist compress.

recommendation for your customers:

The XINGU age perfect serum contains antioxidant beauty plants from the Brazilian rainforest, has a relaxing effect on expression lines and leaves the skin looking fresh, smoothed and relaxed.

Step 6: eye mask

products:

XINGU age perfect eye serum and XINGU age perfect eye cream.



application:

Carry out this step in parallel with step 5. First apply the XINGU age perfect eye serum to the area around the eyes with your fingertips. Apply with gentle pressure from the inner eyelid outwards. Then apply the XINGU age perfect eye cream in the same way.

recommendation for your customers:

Due to the combination of caffeine-rich guarana extract and irritation-relieving eyebright extract, the XINGU age perfect eye serum has a decongestant and invigorating effect. The XINGU eye cream gives radiant eyes thanks to a mineral soft focus.

step 7: active ingredient intensive care

products:

age protect ampoule and age protect serum

application:

First massage the contents of an age protect ampoule with a little pressure in circular movements from the chin upwards to the forehead. Apply a thin layer of 2-3 pumps of age protect serum to the still moist skin.

recommendation for your customers:

All age protect products contain the antioxidant nectar of the aloe vera flower, have a pigment-damage-reducing effect and protect the skin from environmental influences.

After a sun-intensive holiday or at the change of seasons, a 10-day cure with the age protect ampoule helps to regenerate the skin.



Step 8: final care

products:

XINGU age perfect cream

application:

Apply 2-3 pumps of XINGU age perfect cream.

recommendation for your customers:

The XINGU cream has a nourishing and protective effect due to the beauty plants from the Brazilian rainforest. It smoothes the complexion and improves the skin's firmness.



FULL BODY MASSAGE

Treatment time: 60 or 90 minutes

Care steps and products to be used:

Select all optional products according to your client's skin needs.

1. Massage (intensity and Santaverde massage oil (see instructions) according to client's choice).
2. *Optional: final care (body firming gel and body lotion classic or sensitive).*

Special features:

Individual massage with Santaverde massage oil, optionally pure or with pure essential oils.

Effects:

- relieves tension in muscles and tissues
- stimulates blood circulation and lymph flow
- Supplies the skin with nourishing oils

Preparations:

- Room setting according to instructions
- Prepare coconut oil, almond-olive oil, Santaverde fragrance blends, bowl, smelling glasses, tablespoons, spatula.
- Prepare products (see above), compress on tray according to instructions.



FULL BODY MASSAGE

SANTAVERDE T R E A T M E N T S



Step 1: Massage

product:

Santaverde massage oil of the customer's choice (see instructions).

application:

Perform a classic full body massage with the individually prepared massage oil. Vary the intensity and length of the massage according to the client's wishes and the time booked. Offer the client to place an eye pillow in the supine position or to apply a cooling neck compress. Remove the oil as needed with a damp compress.

recommendation for your clients:

State the ingredients of the massage oil and what they do.



step 2: Final care (at the client's request).

products:

body firming gel and body lotion classic or sensitive, optional for sun-damaged skin aloe vera fresh leaf.

application:

If required, cut a piece of aloe vera fresh leaf according to instructions and gently stroke over the affected skin areas. Then massage in the body firming gel in circular strokes. Finally, apply the body lotion classic or sensitive and massage it in gently.

recommendation for your customers:

The skin-firming body firming gel has a tightening and decongesting effect on the skin and connective tissue. The body lotions provide intensive care, are quickly absorbed and are also ideal after shaving due to their high aloe vera content.

BACK TO RELAX

Treatment time: 30 or 45 minutes

Care steps and products to be used:

Select all optional products according to your client's skin needs.

1. Massage (Santaverde massage oil of client's choice, see instructions) - approx. 20 minutes.
2. Aloe Vera fresh leaf application Back (see instructions) - 5 to 10 minutes
3. *Optional: final care (body lotion classic or sensitive).*

Special features:

Massage with Santaverde massage oil, optionally pure or with pure essential oils.

Santaverde Aloe Vera Fresh Leaf Application with the pure leaf gel of aloe vera from Santaverde's own fields in Andalusia.

Effects:

- loosens tense muscles
- balances strains
- Has a strengthening effect and is deeply beneficial

Preparations:

- Room setting according to instructions
- Prepare 2-3 slices of fresh aloe vera leaf according to instructions.
- Prepare coconut oil, almond-olive oil, Santaverde fragrance blends, bowl, smelling glasses, tablespoons, spatula.
- Prepare products (see above), compress on tray according to instructions





step 1: Massage

product:

Santaverde massage oil of the customer's choice (see instructions).

application:

Perform a classic back massage with the individually prepared massage oil. Vary the intensity and length of the massage according to the client's wishes and the time booked. Remove the oil as needed with a damp compress.

recommendation for your clients:

List the ingredients of the massage oil and what they do.



step 2: Aloe vera fresh leaf application Back

product:

Aloe Vera Fresh Leaf (portioned, see instructions).

application:

Hold a piece of the prepared fresh leaf by the peel. Spread the fresh gel over the back until the gel coats all parts. Then start the fresh leaf application Back (see instructions).

recommendation for your clients:

For the pure aloe experience at home, recommend the pure aloe vera gel to your customers. Also ideal after too much sun, insect bites and stressed skin.



step 3: Final care (at the client's request).

products:

body lotion classic or sensitive

application:

Apply body lotion classic or sensitive and massage in gently.

recommendation for your customers:

The body lotions provide intensive care, are quickly absorbed and are also ideal after shaving due to their high aloe vera content.

HAPPY LEGS

Treatment time: 30 minutes

Care steps and products to be used:

Select all optional products according to your client's skin needs.

1. Massage (Santaverde massage oil, see instructions and body firming gel) - approx. 20 minutes.
2. *Optional: finishing care (body lotion classic or sensitive).*

Special features:

Relieving massage with Santaverde massage oil, optionally pure or with pure essential oils and the firming, decongesting body firming gel.

Effects:

- stimulates the metabolism and strengthens the connective and fascia tissue
- has a decongesting and refreshing effect

Preparations:

- Room setting according to instructions
- Prepare coconut oil, almond-olive oil, Santaverde fragrance blends, bowl, smelling glasses, tablespoons, spatulas.
- Prepare products (see above), compress on tray according to instructions.



HAPPY LEGS

SANTAVERDE T R E A T M E N T S



step 1: Massage

products:

Santaverde massage oil of the client's choice (see instructions) and body firming gel.

application:

Mix the massage oil with a hazelnut-sized amount of the body firming gel. Perform a classic leg massage with it. Remove the excess with a damp compress.

recommendation for your clients:

List the ingredients of the massage oil and what they do.

The skin-firming body firming gel has a tightening and decongesting effect on the skin and connective tissue.



step 2: Final care (at the client's request).

products:

body lotion classic or sensitive

application:

Apply body lotion classic or sensitive and massage in gently.

recommendation for your customers:

The body lotions provide intensive care, are quickly absorbed and are also ideal after shaving due to the high aloe vera content.

DEEP CLEANSING SCRUB

Treatment time: Partial body peeling 15 minutes; full body peeling 30 minutes.

Care steps and products to be used:

Select all optional products according to your client's skin needs

1. Optional: Body cleansing from cream/dirt particles (cleansing gel)
2. Exfoliation (sugar or sea salt scrub according to client's choice, see instructions)
3. Cleansing of excess peeling particles
4. Optional: final care (body firming gel and/or body lotion classic or sensitive).

Special features:

Circulation-promoting peeling with valuable oils and raw sugar or sea salt. Optionally pure or with pure essential oils.

Effects:

- Gently removes dead skin cells from the skin
- stimulates the microcirculation of the upper tissue layers
- Supplies the skin with nourishing oils

Preparations:

- Room setting according to instructions
- Prepare coconut oil, almond-olive oil, Santaverde fragrance blends, raw sugar, sea salt, bowl, smelling glasses, tablespoons, spatulas.
- Place products (see above), compresses on tray according to instructions.



DEEP CLEANSING SCRUB

SANTAVERDE
T R E A T M E N T S



step 1: Cleaning cream/dirt particles (optional)

product:

cleansing gel

application:

If your client has not showered before the treatment, cleanse the skin with the cleansing gel. After a damp compress, spread the gel on the skin and remove everything again with the damp compress.

recommendation for your customers:

The Santaverde cleansing gels can also be used as shaving products.



step 2: Peeling

product:

Sugar or sea salt scrub (see instructions).

application:

Apply the peeling in a circular motion.

recommendation for your clients:

Name the ingredients of the peeling and what they do.

step 3: Cleansing of excess exfoliating particles.

application:

Remove the exfoliating particles with a damp compress and then hand your client a bathrobe and ask them to remove the remaining exfoliating particles in the shower.



step 4: Final care (optional)

products:

body firming gel (thighs/upper arms only) and body lotion classic or sensitive.

application:

Massage the body firming gel well in circular stroking movements. Then apply the body lotion classic sensitive and massage it in gently.

recommendation for your customers:

The skin-firming body firming gel has a tightening and decongesting effect on the skin and connective tissue. The body lotions provide intensive care, are quickly absorbed and are also ideal after shaving due to their high aloe vera content.

Special: **AFTER SUN RESCUE**

Treatment time: 15 minutes

Care steps and products to be used:

Select all optional products according to your client's skin needs.

1. Aloe Vera Fresh Leaf Application

Special features:

- Santaverde Aloe Vera Fresh Leaf Application with the pure leaf gel of aloe vera from Santaverde's own fields in Andalusia.

Effects:

- cools with long-lasting moisture
- soothes redness
- Helps the skin to regenerate

Preparations:

- Room setting according to instructions
- Prepare 2-3 slices of fresh aloe vera leaf according to instructions.
- Place products (see above), compress, fresh leaf, knife on tray according to instructions



step 1: Aloe vera fresh leaf application

product:

Aloe vera fresh leaf (portioned, see instructions).

application:

Hold a piece of the prepared fresh leaf by the peel. Spread the fresh gel over the affected areas of skin until the gel coats all sun-stressed areas of the body. Gently massage the gel into the skin.

recommendation for your customers:

For the pure aloe experience at home, recommend the pure aloe vera gel to your customers. Also ideal after too much sun, insect bites and stressed skin.

ALL-OVER BODY RELAX

Treatment time: 120 minutes

Care steps and products to be used:

Select all optional products according to your client's skin needs.

Body

1. *Optional: Body cleansing of cream/dirt particles (cleansing gel)*
2. Exfoliation (sugar or sea salt scrub of client's choice, see instructions) - approx. 5 minutes
3. Cleansing of excess peeling particles
4. Massage (intensity and Santaverde massage oil (see instructions) of the client's choice) - 50 to 60 minutes
5. Final body care (body firming gel and body lotion classic or sensitive)

Face

1. Facial cleansing (cleansing gel or cleansing emulsion)
2. Toning (toner classic or toner sensitive)
3. Aloe Vera fresh leaf application Face (see instructions) - approx. 15 minutes
4. Moisture & Repair Mask (face: age protect ampoule and hydro repair gel (with or without fragrance), eyes: toner sensitive) - 10-15 minutes
5. Final care Face (eye cream, cream light/medium/rich (with or without fragrance) and/or extra rich beauty elixir)



ALL-OVER BODY RELAX

Special features:

- Body scrub that stimulates circulation with precious oils and raw sugar or sea salt. Optionally pure or scented with pure essential oils.
- Individual full body massage with Santaverde massage oil, optionally pure or scented with pure essential oils.
- Santaverde Aloe Vera Fresh Leaf Application Face with the pure leaf gel of aloe vera from Santaverde's own fields in Andalusia.
- Regenerating Moisture & Repair mask for the face with the hydro repair gel and the age protect ampoule as well as the toner sensitive for the eyes.

Effects Body:

- gently rids the skin of dead skin cells
- stimulates the microcirculation of the upper tissue layers
- relieves tension in muscles and tissues
- supplies the skin with nourishing oils

Effects Face:

- supplies the skin with nutrient-rich moisture
- intensively stimulates cell regeneration
- repairs stressed and damaged skin
- leaves the skin perfectly nourished and relaxed

Preparations:

- Room setting according to instructions
- Prepare coconut oil, almond-olive oil, Santaverde fragrance blends, raw sugar, sea salt, bowl, smelling glasses, tablespoons, spatulas.
- Prepare 1-2 slices of aloe vera fresh leaf according to instructions
- Prepare products (see above), compresses, fresh leaf, cotton pads on tray according to instructions



ALL-OVER BODY RELAX

SANTAVERDE T R E A T M E N T S



step 1: Body cleansing from cream/dirt particles (optional).

product:

cleansing gel

application:

If your client has not showered before the treatment, cleanse the skin with the cleansing gel. After a damp compress, spread the gel on the skin and remove everything again with the damp compress.

recommendation for your customers:

The Santaverde cleansing gels can also be used as shaving products.



step 2: Peeling

product:

Sugar or sea salt scrub (see instructions).

application:

Apply the peeling in a circular motion.

recommendation for your clients:

Name the ingredients of the peeling and what they do.

step 3: Cleansing of excess exfoliating particles.

application:

Remove the exfoliating particles with a damp compress and then hand your client a bathrobe and ask them to remove the remaining exfoliating particles in the shower.



step 4: Massage

product:

Santaverde massage oil of the client's choice (see instructions).

application:

Perform a classic, full body massage with the individually prepared massage oil. Vary the intensity of the massage according to the client's wishes. Offer the client to put on an eye pillow in the supine position or to apply a cooling neck compress. Remove the oil as needed with a damp compress.

recommendation for your clients:

State the ingredients of the massage oil and what they do.

ALL-OVER BODY RELAX

SANTAVERDE T R E A T M E N T S



step 5: Final care body

products:

body firming gel and body lotion classic or sensitive

application:

Massage the body firming gel well into the skin in circular strokes. Then apply the body lotion classic sensitive and massage it in gently.

recommendation for your customers:

The skin-firming body firming gel has a tightening and decongesting effect on the skin and connective tissue. The body lotions provide intensive care, are quickly absorbed and are also ideal after shaving due to their high aloe vera content.



step 6: Facial cleansing

products:

cleansing gel or cleansing emulsion

application:

Briefly cover your client's face with a damp compress and then spread the cleansing gel over the face, neck and décolleté. Remove everything with the damp compress. To remove eye make-up, apply the cleansing emulsion to the lash line without applying pressure. Remove the eye make-up with a moistened cotton pad.

recommendation for your customers:

Santaverde cleansing products can also be used as shaving products.



step 7: Toning

products:

toner classic or toner sensitive

application:

Generously distribute five to six sprays over the face, neck and décolleté. Santaverde toners wet the skin with nutrient-rich moisture and thus intensify the effect of the subsequent care.

recommendation for your customers:

The fine spray mist of the toners also refreshes in between (also over make-up), e.g. on the plane, in dry air-conditioned air or in the office.

Step 8: Aloe vera fresh leaf application Face



product:

Aloe Vera Fresh Leaf (portioned, see instructions).

application:

Hold a piece of the prepared fresh leaf by the peel. Sweep the fresh gel over the face, neck and décolleté until the gel coats all areas. Then start the fresh leaf application Face (see instructions).

recommendation for your customers:

For the pure aloe experience at home, recommend the pure aloe vera gel to your customers. Also ideal after too much sun, for insect bites and stressed skin.

step 9: Moisture & repair mask

products:

Face: age protect ampoule and hydro repair gel (with or without fragrance),
Eyes: toner sensitive.

application:

First massage the contents of an age protect ampoule with a little pressure in circular movements from the chin upwards to the forehead. Apply hydro repair gel generously to the still damp skin, leaving out the eye area. Moisten 2 cotton pads with the toner sensitive and apply them as an eye compress. Leave the mask on for 5 to 10 minutes and remove any excess with a damp compress.

recommendation for your clients:

The light hydro repair gel, applied before the cream, acts as an ideal moisture booster. In combination with the age protect ampoule, you achieve an intensive repair effect.

step 10: Final care

products:

eye cream, cream light/medium/rich (with or without fragrance) and/or extra rich beauty elixir

application:

Apply eye cream to the area around the eyes with your fingertips. Spread the eye cream with gentle pressure from the inner eyelid outwards. Choose the appropriate cream according to your client's skin needs. For very demanding and dry skin, add 2-3 drops of extra rich beauty elixir to the chosen cream.

recommendation for your customers:

All Santaverde care products can be combined and mixed with each other to create the right, individual daily care for every skin need.



Santaverde aloe vera fresh leaf application

- Instructions for filleting the aloe vera leaf
- Aloe vera fresh leaf application Face
- Aloe vera fresh leaf application Back

Instructions for filleting the aloe vera leaf

What you need

- 1 Santaverde aloe vera leaf
- 1 sharp paring knife
- 1 cutting board
- kitchen paper
- cling film



1. lay the leaf flat on the cutting board.

Cut off about 2-3 cm from the lower, wide end with the knife - this piece is not used.

Each time you cut the leaf, aloin, a yellowish liquid that is not suitable for use, may come out from underneath the leaf green. You can remove the aloin simply by washing the leaf slices with clear water or pick it up with a kitchen paper to avoid staining clothes and towels.



2. Cut the additional slices you need for your treatment (approx. 1-3 cm each) from the leaf. For a facial treatment you need approx. 1-2 leaf slices. For a back treatment you need approx. 2-3 leaf slices.



3. Remove the two thorny outer edges of all leaf slices with the knife (approx. 1 cm).



4. Divide the pieces in the middle of the leaf. On one side of each half piece is the peel, on the other the pure gel fillet. The peel side is suitable for holding in order to treat your client's skin with the gel side. If the gel side has become dull from skin contact, simply cut off a wafer-thin layer.

Storage

The uncut aloe vera leaf can be stored at room temperature for 3-4 weeks. The cut leaf should be stored in the vegetable compartment of the refrigerator. Cover the cut surface with cling film.

Tip

If you cannot use up the aloe vera leaf in a few days, divide it into pieces and freeze them individually. You can defrost these as needed. Allow about 2-3 hours for defrosting.



1.

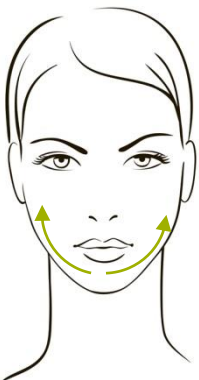
Start with the heart-shaped stroking of the décolleté and work alternately along the neck to the chin.

3-6 courses



2.

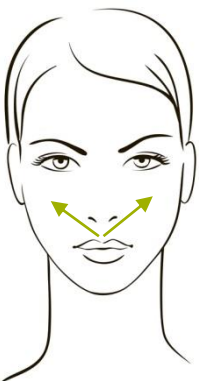
3-6 courses



3.

Stroking out the chin bar to the ear.

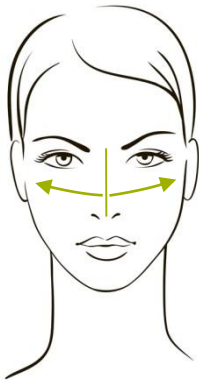
3-6 courses



4.

Stroke out from the centre of the lips to the ear.

3-6 courses



5.

Stroke out over the nose bridge to the nose root up to the ear.

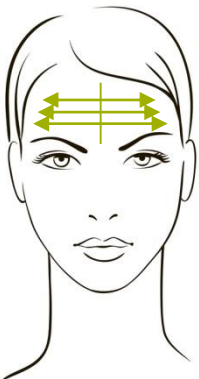
3-6 courses



6.

Stroking out on the lower eyelid and moving over the upper eyelid without pressure.

3-6 courses



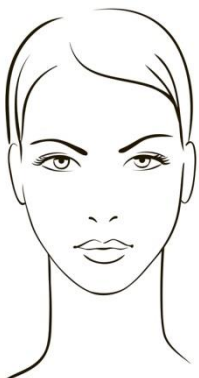
7.

Stroking out the frown line to the hairline.

6 courses in alternation

Stroking out the forehead, synchronously in 3 parts.

6 courses each



8.

Gently massage the remaining gel into the skin.

1.

Start from the hairline at the nape and stroke across the neck and shoulders towards the arms.

3-6 courses

2.

Stroke along the back from the neck/shoulder area to the tailbone lengthwise along the spine.

3 courses staggered, 6x each

3.

Start at the tailbone and synchronously stroke out the side of the back to the shoulder.

5-6 courses

4.

Gently massage the remaining gel into the skin. If necessary, add a few drops of Santaverde massage oil.

Fresh preparations

- Enzyme mask lift & peel
- Santaverde massage oil
- Peeling

Enzyme mask Lift & Peel

What you need

- 1 ripe organic pineapple
- 1 sharp paring knife
- 1 whisk
- 1 bowl for mixing
- Stand mixer
- Ice cube tray
- XINGU age perfect serum

Preparation of the pineapple

1. Peel the pineapple and cut the flesh into large pieces.
2. Put the pineapple pieces into the blender and blend to a puree.
3. Fill the puree into the ice cube tray and freeze it.
4. Remove 2 ice cubes of the frozen pineapple puree per application from the freezer 2-3 hours before use.

Preparation of the Lift & Peel enzyme mask for your client

Place the thawed pineapple puree in a bowl and add 2-3 pumps of XINGU age perfect serum. Mix the components of the mask well with a whisk.

Special

Mix the mask in front of your client and tell them which ingredients are included and what they do.

Enzyme mask Lift & Peel - effect on the skin

Pineapple contains a lot of antioxidant vitamin C and the enzyme Bromelain, which dissolves dead skin cells and has an anti-inflammatory effect. In combination with the firming XINGU age perfect serum, the mask supports a fresh, smoothed and relaxed skin appearance.



Santaverde massage oil

What you need

- 1 tablespoon
- 1 spatula
- 1 bowl for mixing
- Organic coconut oil (Ölmühle Solling Fairtrade)
- Almond-olive oil
- Santaverde fragrance blend "herb-fresh"
- Santaverde fragrance blend "citrus-vanilla"
- Smelling glasses

Special

Let your customer choose the desired base oil first. Tell them what makes the oils different and what they do.

Let your customer choose the fragrance blend by offering them the smelling glasses to sniff.

Mix all the components of the Santaverde massage oil together in front of your client with the spatula. Tell them which ingredients are included and what they do.

Preparing the Santaverde massage oil for your client

1. For a full body treatment, add 2 tablespoons of organic coconut oil or almond olive oil (approx. 30 ml) to the bowl. For a partial body treatment, you only need half, i.e. approx. 15 ml base oil.
2. For a full body treatment add 10-12 drops (approx. 0.3 ml), for a partial body treatment add 5-6 drops (approx. 0.15 ml) of the desired fragrance mixture and mix everything together well.
3. Warm the oil before use.

Santaverde massage oil - effect on the skin

Cold-pressed, natural coconut oil has a moisturising and preserving effect, protects the skin and improves its elasticity. Almond-olive oil increases the skin's moisture, protects against environmental influences and has a nourishing, regenerating and moisturising effect. The tiger nut oil, which is also contained, strengthens the elasticity of the skin, protects the cells and prevents the skin from ageing.



Santaverde peeling

What you need

- 1 tablespoon
- 1 bowl for mixing
- Santaverde massage oil (see instructions)
- Organic raw sugar (Rapunzel Rapadura whole cane sugar)
- Sea salt (Danival Sel Marin de L'Atlantique)

Special

In addition to the oil and fragrance mixture (see instructions for massage oil), let your client choose the peeling ingredient.

Mix the scrub in front of your client and tell them which ingredients are included and what they do.

Preparing the Santaverde scrub for your client

1. Prepare a portion of Santaverde massage oil (see instructions).
2. Add 1/2 - 1* tablespoon of organic raw sugar or sea salt and mix everything together well.

*Individual peeling for every skin type.

The amount of sugar or salt needed for each application can be measured individually for each client and should always be matched with its peeling intensity exactly to the current skin condition of your client. 1/2 tablespoon = fine, gentle peeling for sensitive and thin skin, 1 tablespoon = strong peeling for normal and oily skin.

Santaverde Peeling - effect on the skin

Organic raw sugar has very good exfoliating properties. It dissolves dead skin cells and small impurities without damaging the sensitive skin barrier. The blood circulation of the skin is stimulated so that it becomes soft and supple again after the Sugar Peeling.

Sea salt contains numerous minerals and trace elements. It opens clogged skin pores and frees them from sebum deposits. Sea salt has an anti-inflammatory and disinfecting effect and combats skin impurities. It stimulates the microcirculation of the skin and gives a fresh, vital skin appearance.



